

What we've been up to

Wow what a year! It has been some time since we have been able to send a full newsletter out to you so we have lots to tell you about! Welcome to lots of new young carers who will be receiving our newsletter for the first time!

If you have given us a parent/guardian's email address we are now sending the newsletter out to you via email. This saves the charity money on printing and postage. If you have received this newsletter in the post please telephone or text us an email address for a parent/guardian. If you have received this newsletter by email and you need it by post please let us know and we will remove your email address from our database. Don't worry if you aren't able to print the consent forms you can let us know and we can send you a consent form through the post, this will still be more cost effective than sending everyone a newsletter in the post.

Who Cares Tour

During the week of 17 June Rosehill Theatre hosted LUNG theatre company with their latest production, Who Cares. The play was commissioned by The Lowry Museum, written and directed by LUNG and produced in collaboration with Salford Young Carers Service.

"The alarm rings. You take a breath. Then it starts."

Sitting at the back of the bus, skipping the lunch queue and skiving lessons. At school Nicole, Jade and Connor are just like everybody else. But when they get home, things are very different.

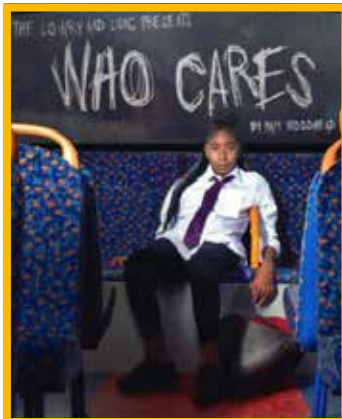
Nicole started caring for her mum when she was four. Every morning Nicole helps her get washed, put on clothes and eat breakfast. Jade has always cared for her brother, but she never expected to look after dad as well - now she juggles two lots of appointments, two lots of prescriptions, two lots of assessment forms. Connor cares for his mum. But he doesn't like to talk about it.

Adapted from real-life testimonies, this bold and pertinent documentary play examines our failing care system, the impact of austerity and what happens when a child becomes the parent.

The play was absolutely brilliant and Rosehill Theatre and Lung did a fantastic job going into schools and raising awareness of young carers. If anyone is going to Edinburgh in the summer, the play is going to be shown at the fringe festival.

Crafty Workshop

In February half term we took a group of you to Crafty workshop in Workington, you made some fabulous master pieces and everyone had a great time! The lady who owns crafty workshop said you were the best behaved group she had visit!



Clip n Climb

In May half term we secured some funding for 28 young carers to go to Clip n Climb, this trip was hugely popular and sadly we couldn't take all of you that wanted to go. We had double the amount of young carers wanting to attend than we had spaces for. It was a very difficult process of who we could offer a place to and this involves lots of different circumstances. Don't worry if you weren't offered a place this time because we will run the trip again and will prioritise anyone asking to go whom missed out last time.

Thank you to the people who secured a place but then weren't able to make it, for letting us know so we were able to reoffer the space. This is really appreciated because we still have to pay for the places, even if they are empty.



First Aid Training

In the Easter Holidays the British Red Cross delivered two First Aid Training sessions. Those of you that attended said you really enjoyed the sessions and learnt a lot.

We will definitely be booking more of these in the future so keep your eye out for that if you would like to complete some basic first aid training.



ACTIVITIES & EVENTS COMING UP...

Date	Time	Venue	Activity	Additional Info
Wednesday 7th August	11am - 12pm	Crafty Workshop 74 Corporation Rd, Workington CA14 2PQ	Pottery painting	Open to all age Young Carers
Friday 9th August	11am - 3pm	Sound Wave, 28 Wilson St, Workington CA14 4AZ	Drumming and Graffiti Workshop	Open to young carers aged 8 and over. Lunch will be provided
Wednesday 14th August	11am - 3pm	Sound Wave, 28 Wilson St, Workington CA14 4AZ	Film & video Workshop	Open to young carers aged 8 and over. Lunch will be provided
Wednesday 21st August	1pm - 3pm	Sound Wave, 28 Wilson St, Workington CA14 4AZ	Open workshop	Open to young carers aged 8 and over.
Wednesday 28th August	2pm - 3pm	Crafty Workshop 74 Corporation Rd, Workington CA14 2PQ	Pottery painting	Open to all age Young Carers

Transport

There is a limited amount of transport and pick up venues for each activity, if you can make your own way there and back where possible please do, however if you require transport please inform us of this when you ring or text and indicate it on the consent form.



Young Carers Living in the Millom Area

Soundwave have kindly offered to deliver a music workshop at the children's centre in Millom on Tuesday 30th July. If you would like to attend this please ring 01900 821976 or text 07531476161 and complete and return the consent form as soon as possible, please return the consent form straight away and please don't wait to find out if you have secured a place first, this enables us to organise the trips quicker, thank you.

How will you know if you have secured a place?

We will inform you by text message by 4pm Wednesday 31st July if you have secured a place on any of the activities, please make sure we have an up to date parent/ guardian mobile number, if you haven't heard from us by this date unfortunately you have not secured a place at this time.

Please Note

As we are limited to 20 places, at each of the activities, places will be allocated on a first come first serve plus level of need basis. You are welcome to put your name down for more than one activity and if we are able to accommodate this we will, however please be aware due to levels of demand you may only be able to attend one of the activities that you have requested. We try to make it as fair as possible when allocating places, and have lots of different reasons why we may have to prioritise a young carer.

If you would like to put your name down for any of the activities, please ring 01900 821976 or text 07531476161 and complete and return the consent form as soon as possible, please return the consent form straight away and please don't wait to find out if you have secured a place first, this enables us to organise the trips quicker, thank you.

Four easy ways to contact us:

- In person at the office:**
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