What we’ve been up to since Christmas

Young Carers Christmas Party & Laser Quest

Christmas is now just a memory but we hope you all enjoyed yourselves and got lots of lovely presents. We had our Christmas Party again at the Oval Centre in Workington which many of you attended. The party was for young Carers aged 14 and under - We took an older group of you bowling and Laser Quest at Eclipse in Workington which was also great fun. Sainsbury’s very kindly donated food for our buffet this year and it was delicious. CFM Cash for kids again very generously donated some fabulous presents and we love that we can hand them out to you. Our usual DJ came along and entertained us with lots of great tunes and plenty of party games, just about everyone got involved with the party games and really enjoyed themselves on the dance floor. There was some excellent dance moves too! At Millom we had our own Christmas party and played games there too.

The Lego Batman Movie

What a response we got from you all for the cinema trip in February half term! We were lucky that we managed to get some extra funding so we were able to offer forty places instead of twenty which was brilliant. Thank you to all of you who let us know you couldn’t make it after you had been given a place. This meant we weren’t paying for empty seats which is always frustrating and we can offer those places to anyone on the waiting list. Everyone seemed to enjoy the film and you were all very well behaved as a big group of forty young people sitting together in the cinema is a lot! The support staff who came along to accompany you enjoyed the film as well.

Easter Trip to the Dry Ski Slope in Carlisle

Wednesday 19th April

So now with Christmas been and gone and at last the nights are getting lighter and the sun and the daffodils are out. It’s time to invite you to our Easter Activity.

So, have you ever been skiing? Have you ever fancied having a go?! Those of you that have been with us for a few years might remember us going on trips to Carlisle dry ski slope, and maybe you were too young to go? Well we are going again and if you are at secondary school, you can come with us and learn! It isn’t real snow unfortunately but its lots of fun and doesn’t hurt so much if you fall, and if you learn everything Eric the instructor tells you, you will also get a badge and a certificate for Level 1! Eric is really good and he understands that if you haven’t been before it might be a bit scary but he helps you gain confidence and who knows, one day you might be in the Olympics!! If you would like to have a go, put your name down and send the consent form back straight away. Spaces are limited so if you do this, you have got a better chance of getting a place. Sorry this is only open to you who are a bit older but don’t worry because next time we run it, you might be old enough to come. The consent also asks for your shoe size, this is so we can make sure there are enough ski boots in all the sizes for you all. If you have been skiing before, let us know on the form too, this is so the instructor knows and he will be able to give you more interesting stuff to do.

You will need to bring water proof clothing, a warm jacket, and what is really important is a pair of gloves. This is just because if you fall, the surface can hurt your hands so the gloves will protect them. You will also need a packed lunch, no power drinks and no bananas. If you get travel sick, you MUST remember to take something before we set off and if necessary, bring a tablet for when we are coming home again. Transport will be available and there will be various pick up points which we will tell you about closer to the date, if you secure a place.

If you are secondary school age or above and interesting in attending please contact us ASAP on 01900 821976 or txt 07531476161 we will inform you by txt by 12th April if you have secured a place. If you haven’t heard anything by that date unfortunately you have not secured a place on this trip.
First Aid Training
Grace Church, the George Street Centre, George Street, Whitehaven.
Wednesday 26th July 9.00am – 4.00pm
Would you know what to do in an Emergency? Are you aged 16 – 25 years old? Why not come to our First Aid Course, delivered by Hazel Lanchberry of North & Beyond. This full day training course covers basic First Aid skills and you will receive a recognised certificate at the end of the day. We have run this course before, learning skills that could save someone’s life. By the end of this course we felt more confident to deal with an emergency should it happen in the future.

Fund Raising Fashion Show
Fancy attending a Fashion Show? Bring your mum, auntie and older friends.
West Cumbria Carers is holding their first ever Fashion Show to raise funds for their 25th year. The event will take place on Wednesday 19th April at 7pm, at Hundith Hill. Guests will be treated to a fashion show where models strut their stuff on the catwalk and then you can purchase the stock on offer for up to a massive 70% off RRP. Including clothes from retailers such as Coast, Next, Per Una, Phase Eight, TOPSHOP, River Island and much more.
You can look up the company that will be hosting this event at: www.coloursfashionshows.com
Tickets are £5 and can be bought online by visiting www.eventbrite.co.uk or by contacting the office on 01900 821976.

West Cumbria Carers celebrating 25 Years!
This year we are planning lots of events to mark our 25th Anniversary. So far we have a Puddings & Prosecco evening in February and we are having our first ever fashion show and pop up shop on 19th April (see above)

For other events coming up check out our website www.westcumbriacarers.co.uk