

Main Aim

The main aim of the volunteer is to provide domestic support for the carer (Adults and Young Carers) to enable the carer to maintain a clean and comfortable environment and have a break from domestic tasks

Purpose of the Role

To provide a range of low level domestic support based on carers needs this can involve:

- Light cleaning
- Hoovering and dusting
- Ironing
- Light decluttering
- Tidying cupboards
- To work with the volunteer team to identify ways to help the carer

Responsibilities

- To develop and promote a positive relationship with the carer and cared for.
- To establish and maintain appropriate boundaries.
- To inform the Volunteer Coordinator of all client contact on a regular basis, using the standard reporting methods.
- To notify the Volunteer Coordinator of any emerging problems and seek support whenever necessary.
- To review the relationship at regular intervals with the service user and with the Volunteer Coordinator.
- To safeguard the good name, values and mission of West Cumbria Carers.

The Volunteer would NOT be expected to move or lift furniture, clean upstairs bedrooms or have any involvement with sorting any form of financial or personal documents. The volunteer team will do a Needs Assessment prior to the service being offered.

Personal Qualities

- Able to work as part of a team and own initiative and know when to seek support
- Good listening and communication skills.
- Reliable and a good timekeeper. Awareness of the importance of adhering to health and safety.
- Respectful of confidentiality issues and able to maintain boundaries.
- Able to put your own needs and views to one side allowing you to focus on the needs of the service user.

Training and Support

- Required to attend an Induction and Training Programme prior to the start of volunteering.
- Ongoing support from the Volunteer Project Team.
- Ongoing training opportunities.
- Social event opportunities with other volunteers.

About us

West Cumbria Carers offer a range of services to support those looking after someone on an unpaid basis.

A carer is anyone of any age who cares, unpaid, for a friend or family member who due to illness, disability, a mental health problem or an addiction cannot cope without their support.

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