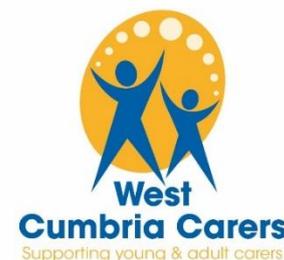


VOLUNTEER DOMESTIC SUPPORT

ROLE DESCRIPTION



Main Aim

The main aim of the volunteer is to provide domestic support for the carer (Adults and Young Carers) to enable the carer to maintain a clean and comfortable environment and have a break from domestic tasks

Purpose of the Role

To provide a range of low level domestic support based on carers needs this can involve:

- Light cleaning
- Hoovering and dusting
- Ironing
- Light decluttering
- Tidying cupboards
- To work with the volunteer team to identify ways to help the carer

Responsibilities

- To develop and promote a positive relationship with the carer and cared for.
- To establish and maintain appropriate boundaries.
- To inform the Volunteer Coordinator of all client contact on a regular basis, using the standard reporting methods.
- To notify the Volunteer Coordinator of any emerging problems and seek support whenever necessary.
- To review the relationship at regular intervals with the service user and with the Volunteer Coordinator.

Personal Qualities

- Able to work as part of a team and own initiative
- Good listening and communication skills.
- Reliable and a good timekeeper.
- Awareness of the importance of adhering to health and safety.
- Respectful of confidentiality issues and able to maintain boundaries.
- Able to put your own needs and views to one side allowing you to focus on the needs of the service user.
- Able to work as part of a team and on own initiative, and know when to seek support.

Training and Support

- Required to attend an Induction and Training Programme prior to the start of volunteering.
- Ongoing support from the Volunteer Coordinator.
- Regular individual meetings with the Volunteer Coordinator for supervision.
- Regular group meetings with other volunteers.
- Ongoing training opportunities.
- Social events with other volunteers.

About us

West Cumbria Carers offer a range of services to support those looking after someone on an unpaid basis.

A carer is anyone of any age who cares, unpaid, for a friend or family member who due to illness, disability, a mental health problem or an addiction cannot cope without their support.