

YOUTH GROUP SESSION VOLUNTEER

(MILLOM)

ROLE DESCRIPTION



MAIN AIM

The main aim of the Youth Group Session Volunteer is to support the Youth Group Session alongside the West Cumbria Carers Support Worker.

PURPOSE OF THE ROLE

- To support the West Cumbria Carers Young Carers Support Worker to deliver a fun session for young carers aged between 5-18 years old. This could include crafts, games, other appropriate activities and possibly some outings.

RESPONSIBILITIES

- To support the West Cumbria Carers Young Carers Support Worker in delivering a fun and enriching session for those attending the session.
- To develop and promote a positive relationship with the Young Carers Support Worker and the children and young people attending the session.
- To establish and maintain appropriate boundaries.
- To be committed to attend the monthly session for 2-2½ hours. Third Thursday of each month.
- To notify the Young Carers Support Worker of any emerging problems and seek support whenever necessary.

PERSONAL QUALITIES

- Able to form positive, supportive relationships with others.
- Good listening and communication skills.
- Awareness of issues affecting young carers.
- Reliable and a good timekeeper.
- Sensitive and caring about others.
- Respectful of confidentiality issues and able to maintain boundaries.
- Able to work as part of a team, know when to seek support and be willing to undertake any learning necessary to do this role.
- Be flexible and willing to attend the sessions during school holiday periods.

TRAINING AND SUPPORT

- Required to attend an Induction and Training Programme prior to the start of volunteering.
- Ongoing support from the Volunteer Project Team.
- Ongoing training opportunities.
- Social event opportunities with other volunteers.

ABOUT US

West Cumbria Carers offer a range of services to support those looking after someone on an unpaid basis.

A carer is anyone of any age who cares, unpaid, for a friend or family member who due to illness, disability, a mental health problem or an addiction cannot cope without their support.

- www.westcumbriacarers.co.uk

- Twitter: <https://twitter.com/wcumbriacarers>



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West Cumbria Carers