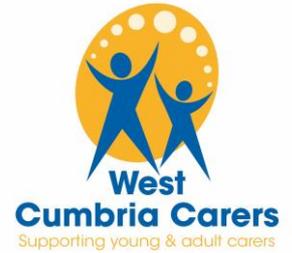


# VOLUNTEER CARERS CHAMPION

## ROLE DESCRIPTION



### Main Aim

To raise awareness of the role of unpaid Carers and to assist with public liaison and raising public awareness of West Cumbria Carers and the services provided signposting carers within your community to our services.

### Purpose of the Role

To act as a voice for Carers in your community and promote awareness and understanding of the role of Carers.

### Responsibilities

- To understand the role of a Carer and encourage them to contact West Cumbria Carers through providing them with information about the organisation
- To share information on West Cumbria Carers and its support services with Carers and the general public and help identify carers who may wish to receive our support
- To assist with raising public awareness of West Cumbria Carers and the services provided
- To distribute and keep up-to-date literature and posters to relevant establishments, such as health centres, libraries, local post offices, churches and community centres
- To develop and promote a positive relationship with the establishments where literature and posters are being displayed and to encourage opportunities within your community for West Cumbria Carers to give presentations and talks to groups.
- To notify the Volunteer Coordinator of any emerging problems and seek support whenever necessary.

### Personal Qualities

- Able to form positive relationships with others.
- Good communication skills.
- Awareness of issues affecting carers.
- Reliable and organised.
- Respectful of confidentiality issues and able to maintain boundaries.
- Able to work as part of a team and on own initiative, and know when to seek support.

### Training and Support

- Required to attend an Induction and Training Programme prior to the start of volunteering.
- Ongoing support from the Volunteer Coordinator.
- Regular group meetings with other volunteers.
- Ongoing training opportunities.
- Social events with other volunteers.

## About us

West Cumbria Carers offer a range of services to support those looking after someone on an unpaid basis.

A carer is anyone of any age who cares, unpaid, for a friend or family member who due to illness, disability, a mental health problem or an addiction cannot cope without their support.

- [www.westcumbriacarers.co.uk](http://www.westcumbriacarers.co.uk)

- Twitter: <https://twitter.com/wcumbriacarers>



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West Cumbria Carers